

## Modified Duties Checklist – Care Aide

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The Following Checklist outlines a progression of duties that are available for the Care Aide/Nursing Assistant position. These duties have been separated into Light, Moderate, and Full Duties to assist in developing an appropriate return to Work Program progression as needed. Please indicate which activities which are appropriate to engage in at this time and note any progressions of duties and when they can be implemented.

### *Light Duties:*

- Reviewing safe work procedures
- Assist with/or feeding
- Serving trays
- Set up/assist with bed baths
- Personal Care (Grooming)
- Linen (small piles)
- Making unoccupied beds
- Stocking supplies (sm.quantities)
- Desk work
- Resident/pt socialization
- Cleaning within scope
- Liaising with staff and families
- Pushing wheeled equip (IV poles)
- Resident/pt recreation (within scope)

### *Moderate Duties:*

- Toileting in bed (individual CAN bridge)
- Patient handling i.e. repositioning and transfers requiring stand by or minimal to moderate assistance.
- Operating mechanical lifting devices: i.e. Ceiling lift set up/operation; Medi maid/man transfer; Golvo standers.
- Pushing wheeled equipment. (i.e. stretchers or beds).
- Include selected light duties.

### *Full Duties*

- Toileting in bed (individual cannot bridge)
- Wound care
- Patient handling: i.e. repositioning and lifts of total care patients.
- Assist with bathing (tubs or showers)
- Pushing wheeled equipment (i.e. beds including other wheeled equipment to Diagnostics)
- Include selected Light Duties
- Include selected Moderate Duties

*Note: Modified Supernumerary work programs include a modification to hours or duties. Employees that participate in modified work programs are supernumerary or the "extra worker" as per the collective agreements. By being the "extra worker" they are able to accommodate medical limitations as well as self limit activities and take microbreaks to assist with symptom management.*